

Personal Fall Arrest System

Work & Rescue Plan

Event:

Date:

Venue:

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PFAS Work Plan

- Workers must review and sign this PFAS work & rescue plan prior to starting work. Workers must understand this plan and be trained in fall protection and the systems and equipment that will be used.
- > This PFAS work & Rescue plan must be posted at the worksite for the duration of work activities.

1. Identify potential fall hazards (check all that apply)							
	Mobile elevating work platforms		Climbing on roof system				
	Climbing on truss		Ladders (fixed or portable)				
	Scaffold		Stage edge				
	Other:						
2. D	escribe the fall hazard(s) details						
3. lc	lentify fall protection systems to be used						
	Guardrail system		Safety monitor				
	Personal fall arrest system		Warning line				
	Personal fall restraint system		Other:				
4. D	escribe procedures for assembly, maintenance,	insp	ection, disassembly of fall protection system to be used				
5. Id	entify method used to determine adequacy of a	ancho	prage points				
	Evaluation by professional engineer		Existing engineering/design documents				
	Manufacturer's data		Other:				
	Qualified Person - 2x MAF		Other:6				
6. D	escribe and identify locations of anchorage point	nts					
7. 5	7. Select system components						
	Full body harness		Choker				
	Vertical lifeline		Carabiner				
	Horizontal lifeline		Rope grab				
	Lanyard		Personal shock absorber				
	Personal SRL		Beamer				
	Other:		Other:				



8. F	8. PFAS Inspection Checklist					
	Identification tags					
	Horizontal lifeline tension is correct					
	Integrity of stitching in shock absorber					
	Integrity of stitching in harness/lanyard					
	Manufacturers assembly/disassembly instructions					
	Locking capability of retractable lanyards assured					
	Locking capability of carabiners assured					
	Locking capability of snap hooks assured					
	Knots and other connection methods do not weaken lifeline					
	Lifelines installed and protected from cuts or abrasions					
	Rope (wear, fraying, damage, mildew)					
	Lanyards (wear, fraying, damage, mildew)					
	D-rings have adequate strength, are not cracked or deformed					
	Guardrails are sound and of adequate strength					
	Devices that are used to connect to horizontal lifelines lock in both directions					
	Anchorage points provide adequate strength and are capable of meeting requirements					
	100% protection through entire system.					
	Warning line meets strength and other requirements					
	Safety Monitor is Competent Person, can see workers, is close enough to communicate, has no other duties					
	Single attachment to all D-rings					
	Other					
	Other					



PFAS Rescue Plan

1. Rescue Method CALL 911 IF FALL OCCURS			
	Self-rescue		Assisted Rescue with Rescue Kit
	Assisted Rescue with Mobile Elevated Work		Other:
	Platform		

	2. R	2. Roles and Names of Authorized Rescuers						
ľ		The leader: This person is in charge. They keep an eye on everything and						
		everyone else.						
		The announcer: This is the person who alerts the venue staff and the outside						
		organizations that an accident has happened and maintains contact with these						
l		people.						
		The rescuer: This is the person who goes up to the victim with the rescue kit and						
		sets up the rescue equipment.						
		The floor person: This person handles the actual rescue. Their role will depend						
		on the type of equipment being used but it's their job to make sure the victim is						
		lowered to the deck safely.						
		The communicator: This person has the job of staying in constant contact with						
		the victim. The communicator keeps the victim informed of the progress of the						
		rescue and what the victim can do to help promote that progress. The						
		communicator will also continually assess the victim's physical and mental						
		condition and alert the leader of any changes in those conditions, no matter						
١		how minor.						

3.F	Rescue equipment lo	cation
	First Aid Kit	
	AED	
	PFAS rescue system	

4	4. Communication – What are the communication lines between fallen/suspended worker and the rescue team?					
		Direct Voice		Mobile		
		2-way Radio				

5. Emergency Contact					
	EMS				
	Fire				
	High Angle Rescue				



. F	First Responder venicle location							
7. F	FAS Rescue Kit Components							
	Manually Operated Decent Device		Rescue Pole					
	Rescue Ladder		Rope					
	Rescue 8 with ears		Auto Decent Device					
8. E	imployee(s) trained to work under this pla	an						
	ne (print)	Signature	2	Date				
Nar	Name/title of Competent Person who provided training under this plan							
9. Work plan approval(s)								
Name of lead worker or supervisor Signat				Date				
Nar	ne of Competent Person (If engineered sy	stem: Nam	ne of Qualified Person)					